ALL-IN-ONE-OFFER

Your support starts here.

We're here for you.
Reliable. In every stage of life.



Health & well-being

Family Service

Mental health | Physical health | 1:1 consultations | Child care | Elder care | Pet Care | Leadership support



Whether you're at your desk, on the shop floor, or on the go – **heycare** is here for you.

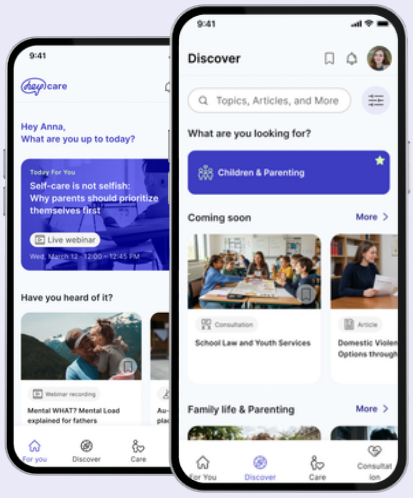


Contact Us
team@heycare.com

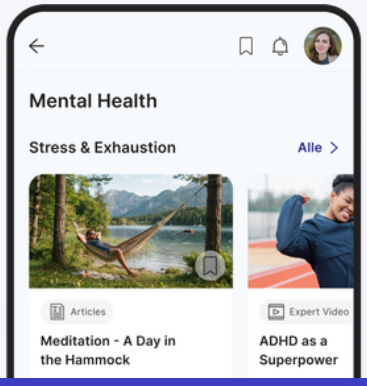
Discover the heycare app for free:
www.heycare.com

Your relief starts here

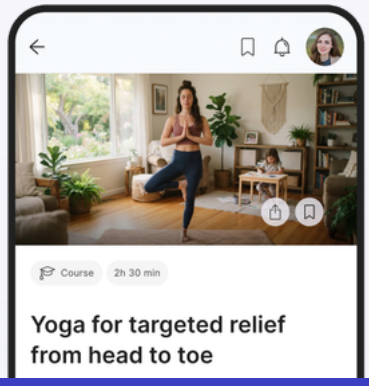
100% confidential | completely free of charge | available at any time



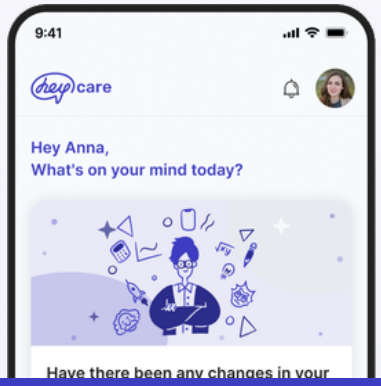
What's inside your app



Over 800 helpful articles



More than 300 courses and videos



Content tailored to you

How heycare is used

Stories from heycare users showing how our services make everyday life easier — quickly and effortlessly.

"I want to live a healthier life."
Irina, 29 – Works in customer service
Uses heycare to prioritize self-care

Webinars and courses on **nutrition, sleep and healthy living** — available whenever it suits you.

"My mother has to go to the hospital."
Richard, 52 – Works in sales
Uses heycare for caregiving support

Free care consultation with a prompt appointment, practical advice and help with applications.

"I can't find a therapist."
Alex, 44 – Works as an operations manager
Uses heycare in an emergency

A quick initial consultation and **immediate support** — without long waits or bureaucratic hurdles. heycare is with you every step of the way.

heycare

Questions? team@heycare.com